## Parent Training



## The Importance of Routines

Join us for a virtual training presented by Jackie Bergerson, ASD Specialist, in collaboration with Northwest Regional Education Service District

This parent training is an introductory session where we discuss the importance ofcreating routines for your child. During this virtual training we will provide an overview of the importance of creating and teaching routines, and how to go about it. We look forward to discussing strategies to:

- Strengthen your child's skills within your daily activities
- Improve relationships and reduce frustrating transitions
- Reduce challenging behaviors by increasing consistency
- Build your child's independence!

Wednesday, December 14th from 6-7:30pm

Designed for parents/caregivers of children in our Early Childhood Special Education program.

Virtual training via Zoom. Zoom link will be emailed the day of the training.

Register Here